

SPEAKING ANXIETY EXPERIENCED BY EFL STUDENTS

A PAPER

Submitted as Partial Fulfillment of the Requirements
for getting *Sarjana Pendidikan* Degree



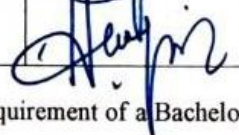
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STATEMENT OF ORIGINALITY

The writer states that this paper entitled **“SPEAKING ANXIETY EXPERIENCED BY EFL STUDENTS”** is my own writing with some quotation from some sources by using the accepted scientific method.

The writer makes this statement according to the truth. The writer does not conduct any activities that are categorized as plagiarism. The writer will be responsible for any risk that will happen in the future if it is proven to offend the ethnicity of scientific writing.

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MOTTO AND DEDICATION

“you’re on your own kid, you always have been.”

Taylor Swift

“Be Kind.”

Tiara D.

This paper is dedicated to my beloved mother and father, whose constant support, boundless love, and heartfelt encouragement have been the light that guided me through every challenge. I also dedicate this paper to myself, for the strength to endure, the courage to persevere, and the determination to keep moving forward even when the path seemed unclear.

ABSTRACT

SPEAKING ANXIETY EXPERIENCED BY EFL STUDENTS

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The ongoing speaking anxiety experienced by EFL students, driven by multiple contributing factors, raises the urgent need to explore effective strategies to overcome it. This study aimed to explore the main factors of speaking anxiety and the main strategies to overcome speaking anxiety that were experienced by second-year EFL students in Universitas Kuningan. This study used a qualitative approach by using a case study design. The participants were 6 second-year EFL learners. The results of this study show that speaking anxiety can be caused by different personal challenges for each student. In detail, 34% of them experienced fear of making mistakes as their main factor, 33% showed limited vocabulary, and the remaining 33% showed lack of preparation. Based on the findings, among the five strategies, which are preparation, relaxation, positive thinking, peer seeking, and resignation, 33% of the participants chose preparation as the most important. Meanwhile, the majority, 67%, said positive thinking is the key to overcoming speaking anxiety. This shows that while preparation matters, participants believe a positive mindset is more helpful in managing speaking anxiety. This study concludes that speaking anxiety impacts students' performance, making it important to have effective strategies to overcome speaking anxiety. Moreover, the implications of the study offer valuable insights for educators and learners, and the findings may serve as a reference for future research.

Keywords: *factor of speaking anxiety, speaking anxiety, speaking skill, strategy to overcome speaking anxiety*

PREFACE

Praise comes to Allah SWT, The God Almighty and The Most Merciful who has granted his blessing for each human being. May Allah bless the prophet, Muhammad SAW as the last of messenger, his households, his companions, and those who follow him until the day of Judgement. The researcher really wants to thanks God for giving her strength and health that because of Allah's blessings he/she could finish his/her paper.

This paper, entitled **“Speaking Anxiety Experienced by EFL Students”**, is written as a part of requirements for completing the Bachelor Degree in English Education Study Program, Faculty of Teachers Training and Education, Universitas Kuningan. This paper is aimed to investigate the factors of speaking anxiety and strategies of speaking anxiety in the speaking class, the researcher concentrates on the factors of speaking anxiety and strategies employed by second year English students at Universitas Kuningan.

This paper hopefully can give contributions for all readers and become inspire for other researchers who will undertake further research in a related field. The researcher realizes this paper is still far from being perfect. Therefore, critical comments and suggestions from those who are deeply concerned with such topic are welcomed.

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Praise be to Allah SWT, the Most Gracious and the Most Merciful, for the strength and blessings so that the researcher could finish the paper. She realizes that without supports, encouragements, and guidance from people surround, she might not be able to accomplish this paper as good as possible. Therefore, she would like to give thankfulness to all people who have to contribute to complete this paper. There are honorable people who are important to the researcher to whom she can only express her gratitude.

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Thank you very much for you all and hopefully Allah SWT is always blessed us and gives reward for all of us. Amen. In the end, the researcher realized that paper contains some weaknesses and was far being perfect. Therefore, she accepts every suggestion, critics, and comment from those who are concerned to this paper. The researcher hopes that this paper will be useful and give contribution for the readers, especially for the next researcher who learns deeply about this research

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